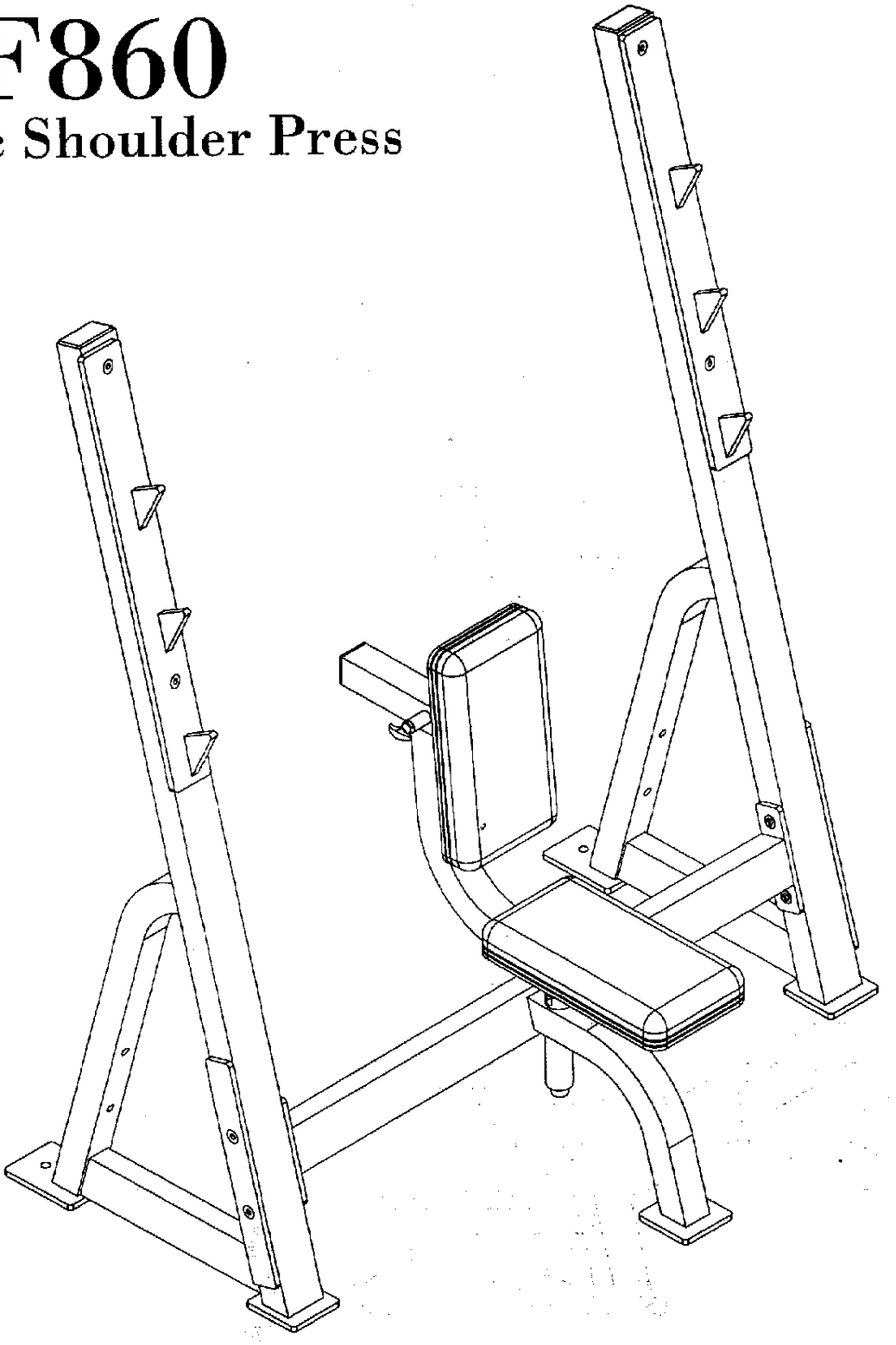
HOIST®
FITNESS SYSTEMS

F860

Olympic Shoulder Press

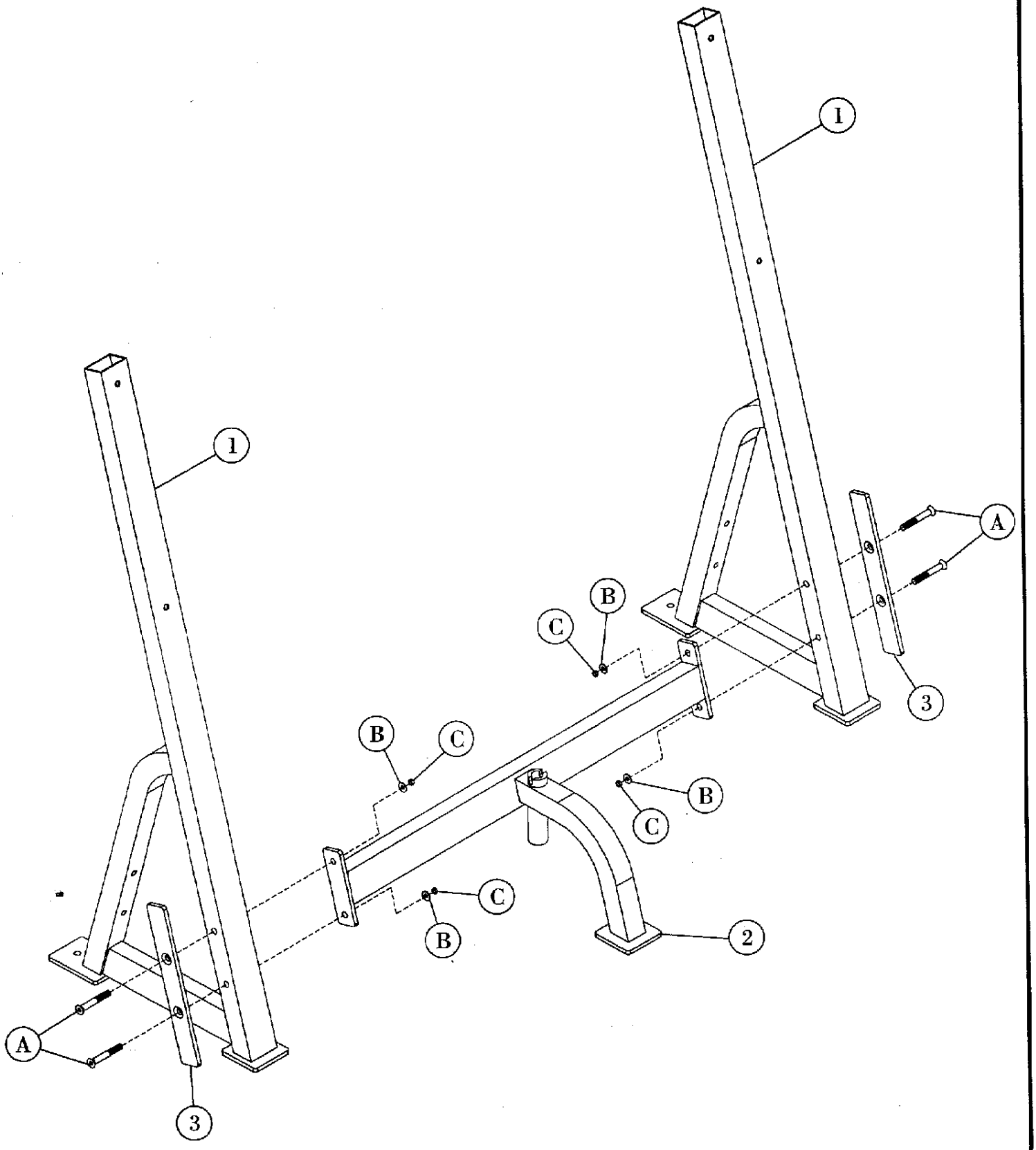


CUSTOMER CATALOG

January '96

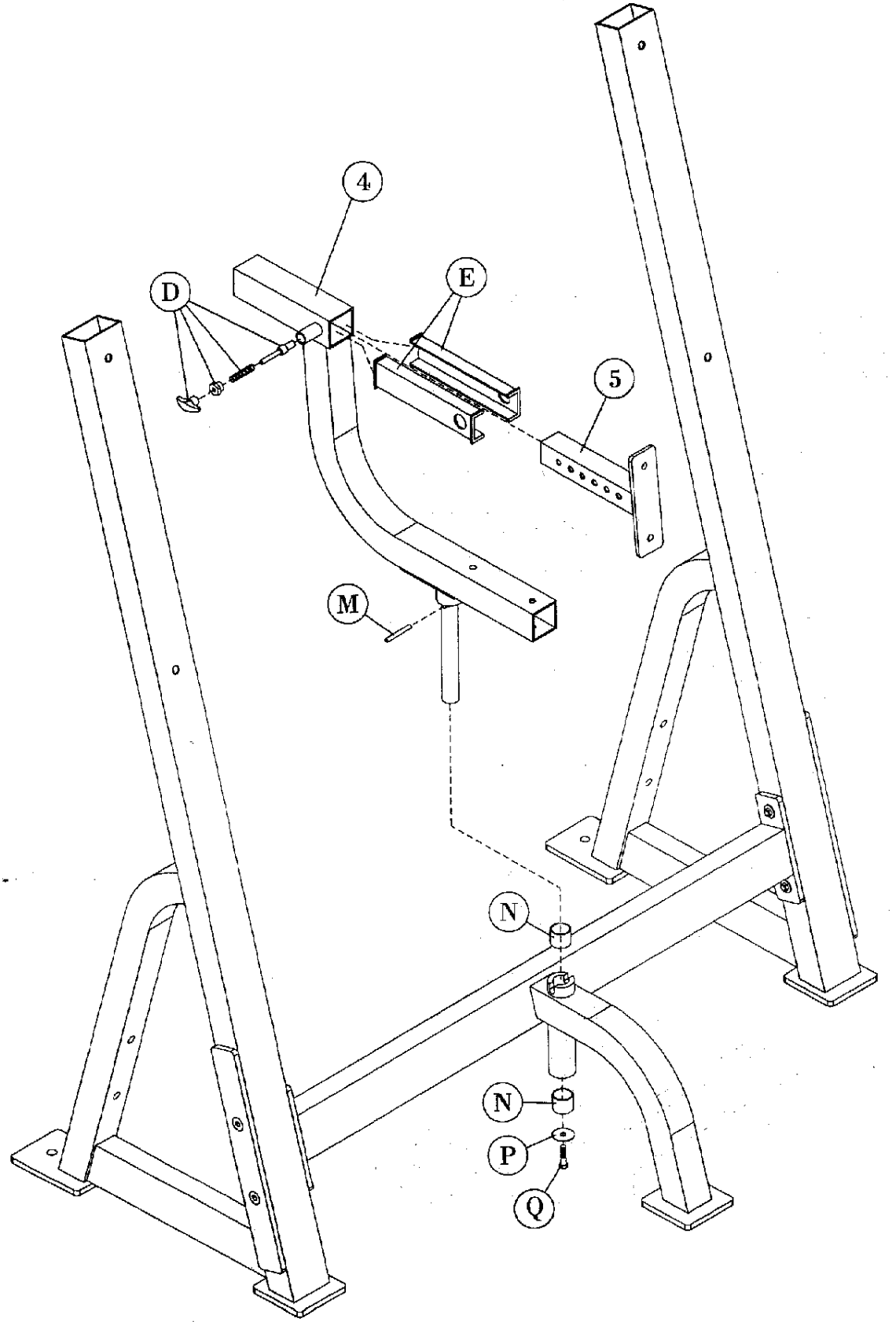
F860

Olympic Shoulder Press



F860

Olympic Shoulder Press



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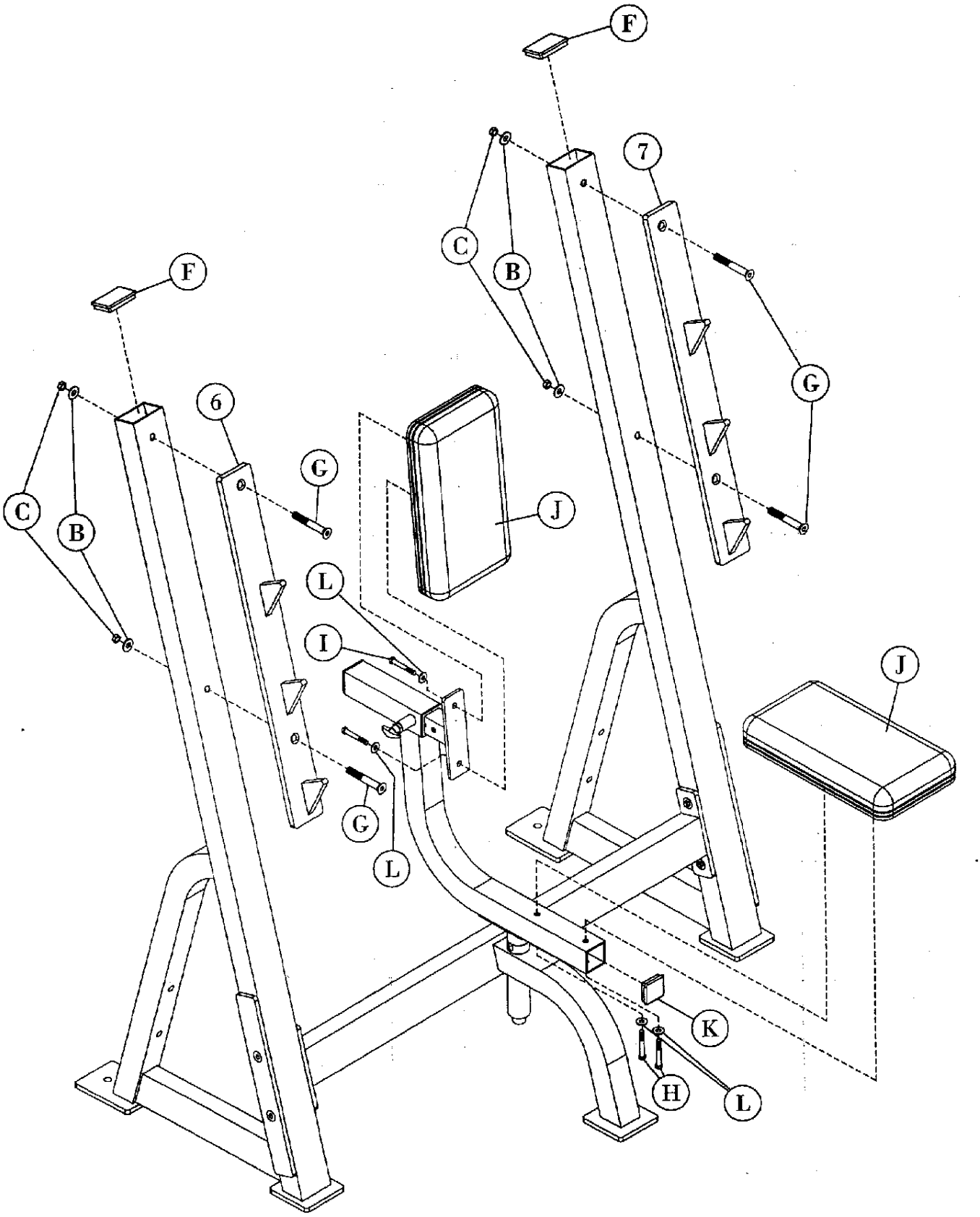
Olympic Shoulder Press



F860
PARTS LIST

Key No.	Qty.	Part Number	Description
1	2	61-F860-3	Weight Holder Upright
2	1	61-F860-2	Cross Member Assembly
3	2	26-STD-SD001	Anti-Scratch Plate
4	1	61-F860-1	Seat Assembly
5	1	61-F860-6	Back Pad Mount
6	2	61-F860-4	Bar Rack (Right)
7	2	61-F860-5	Bar Rack (Left)

F860
HARDWARE LIST

Key No.	Qty.	Part Number	Description
A	4	11-FLA-12(13)412	1/2"-13 x 4 1/2" Flat Head Socket
B	8	13-FLT-12	1/2" Flat Washer
C	8	12-LOK-12T	1/2" Center Lock Hex Nut
D	1	26-STD-SM128	1/2" Short Pull Pin
E	2	26-STD-PLAS112	Seat Sleeve
F	2	16-CAP-23	2" x3" End Cap
G	4	11-FLA-12(13)312	1/2"-13 x 3 1/2" Flat Head
H	2	11-HEX-516314	5/16" x 3 1/4" Hex Bolt
I	2	11-HEX-516114	5/16" x 1 1/4" Hex Bolt
J	2	10-STD-SU815	8" x 15" Tapered Pad
K	1	16-CAP-22	2"x 2" End Cap
L	4	13-FLT-516	5/16" USS Flat Washer
M	1	30-RPN-382S	3/8" x 2" Roll Pin
N	2	14-BRG-162216	1" ID. x 1 3/8" O.D. x 1" Sleeve Bearing
P	1	13-FND-38112	3/8" x 1 1/2" Fender Washer
Q	1	11-HEX-381FT	3/8" x 1" Full Thread Hex Bolt